



Please don't forget to pick up your member rewards card at the front desk to earn your way to a free adult lesson. Rewards will be earned by participating in the following adult classes listed below...

SUMMER 2017

Adult Programming

June 5th – July 31st

TENNIS CLASSES

Learn Tennis Now:

Learn Tennis Now is a great opportunity for adults to "get in the game". It is a unique, fun learning environment that is properly paced so each player is able to get a sense and feel for the game. This is also a great way to meet other people who are new to tennis. Learn Tennis Now meets twice a week for two weeks and continues with Learn Tennis Now II. New sessions begin the first week of every month. Members and non-members welcome. If you are interested in joining, please contact Tammy Jordan at tjordan@elitesquadtennis.com.

\$96/session. Receive a \$96 credit when you join the club!

Ladies Excellence:

The excellence program focuses on teaching the fundamentals that will make you a better match player. All drills and competition concentrate on teaching the skills and concepts necessary to construct better points. The pace of practice will be quick in order to provide a quality workout. The drills will be challenging and exciting!

4.0 – 4.5 Monday from 9:00 a.m. – 10:30 a.m. & 3.5 and down Monday from 11:30 a.m. – 1:00 p.m.

Adult Academy:

We are taking Saturday morning fitness to another dimension! By combining match play oriented drills with an emphasis on skill set repetition, this class is for those looking to raise the bar. Every week provides a unique opportunity to hone in on tennis fundamentals while competitive games and fitness training make this class fun! Come ready to be challenged both physically and mentally! Classes are open to men and women of all levels.

Tuesday from 6:00 a.m. – 7:30 a.m. & Saturday from 8:00 a.m. – 9:30 a.m.

College Game Day:

As the name implies, game on! Fast paced, totally game oriented structure similar to what might be seen in a more competitive/advanced practice setting. A fun class format with lots of movement. This class is geared toward the 3.5 player and up.

Thursday from 12:00 p.m. – 1:00 p.m.

Mixed Training:

This class is a combination of point play direction, movement skills and of course, an abundance of reps for each pattern introduced. The class evolved from the situational match play format, and has expanded to focus more on point development. As the name implies, the "mix" here refers not only to both ladies and gentleman are invited, but also to the fact that drilling and point play are the focus. A fun class for those looking for a complete tennis workout.

Thursday from 6:00 p.m. – 7:30 p.m.

SPECIAL PROGRAMMING

Tencap Partner Drill:

Sign up with our doubles partner to work on coached match play.

Friday, May 19th and Friday, June 23rd from 9:00 a.m. – 10:30 a.m.

Sunday Men's Doubles:

This is the perfect solution for the weekend warrior and includes a fun group of men that want to compete. We have offered this program since the club opened and it has been a huge success! This is not a drop-in.

If you are interested in joining, please contact the front desk.